

## TOUR ITINERARY: 14 DAYS / 13 NIGHTS SPIRITUAL TOUR

### Day 1. Ulaanbaatar



Arrive in Ulaanbaatar. After checking in hotel, enjoy half day city tour visiting **National history museum** and **Zaisan hill**, nearby **Buddha garden** and **Bogd Khan Winter palace** museum.

Mongolia's capital has remained constant as the political, economic and culture center of the nation, and as a city rich in both character and contrast. Indeed there aren't many world capitals in which you can ride a horse, visit nomadic family, and enjoy fine dining and luxurious spa treatments all in same day. The city reflects a close and sometimes amusing juxtaposition of nomadic traditions and modern society, perhaps best summarized by her skyline dotted with both gers (felt tents) and towering skyscrapers.

### Day 2. Ulaanbaatar - Khamar monastery by drive 485 km

Earlier morning after breakfast drive to **Khamar monastery**. On the way have a picnic lunch and on arrival check in tourist ger camp.



Khamar Monastery was established in the 1820's by famous 19th century Mongolian educator and literary figure Danzanravjaa. The Monastery was an important centre of the Buddhist "red sect", and seat of the Gobiin Dogshin Noyon Khutagt ("Terrible Noble Saint of the Gobi"). Khamar Monastery was unique in 19th century Mongolia as a place where women were accorded greater respect and privileges than men. Reflecting these liberal attitudes Danzanravjaa composed the song

Ulemjiin Chanar (Quality of Greatness) - which remains popular today - in praise of a woman's qualities. To the north of the monastery were a series of caves where monks would practice yogic exercises and meditate in isolation for 108 days at a time, hardening their bodies whilst expanding their physical and spiritual powers. Here you will enjoy Wish's mountain, Rock dedicated for woman and cave which is called hunks stomach.

### Day 3. Khamar monastery by drive 485 km

On the sunrise we will visit **Shambhala**. Retreat and rejuvenate from the Shambhala and in the blessed land.



In 1851, Noyon Khutagt let all his disciples gather amidst the multi-colored hills located near Khamar monastery, made proportional drawings for his Shambhala and made dedication prayer to meet with his disciples in the holy land of Shambhala.

On the sunrise you will sit in the multi-colored lands, retreat and meditate in the Shambhala. It will experience the mother land and feel marvel.

#### Day 4,5. Demchog temple by drive 438 km



After breakfast drive to **Demchog temple** /Demchigiin khiid/. On the way have a picnic lunch. Overnight in the tenting camp. Demchog temple is one of the three unique temples in the south Gobi near the Galba Mountain. It was established by Danzanravjaa in the 19<sup>th</sup> century. The temple named Demchog is considered by Buddhist to be world energy center. There are a large deposit of alkaline granite and world's largest highest grade copper and gold mine very close to the temple. So it makes the area as special as known the World Energy center with its huge natural energy. You

can enjoy energy rock which Danzanravjaa sat down there and he wrote his famous songs, poems and ethics. This temple was built as Tibetan architecture in front of the natural "penis" rock. And there are 8 stupa are shown 8 lotus which are symbolized as a mother's womb.

#### Day 6. Yol valley by drive 328 km



In the morning earlier drive to **Yol valley**. On the way have a picnic lunch. Overnight in the tenting camp. Yol valley /Bearded vulture valley/ is situated Gurvan Saikhan Mountain //Three beauties/ Protected area. The Mountain is 2800 m above sea level and 16 sq km area was protected. Even it is summer we can see ice there. In some case width is more than 1 meter. When you see the sky from bottom of the valley sky resembles blue line. Bearded vultures live surrounding area of Yol valley.

#### Day 7. Khongor sand dune (Singing sand) by drive 160 km

After breakfast drive to **Khongor sand dune**. Have a lunch and dinner in the tourist ger camp. Take a shower and have relaxed in the tourist ger camp.

## Day 8. Khongor sand dune



This day visit local nomadic family very near sand dune. Taste dairy products and experience to ride a camel to sand dune. Khongor sand dunes length is 180 km, width is 3-15, and height is 15-30 m. Forward the sand dunes you can see very beautiful high mountains. On the other hand backward is beautiful oasis with river. Thus scenery is splendid. On the bottom of highest sand dune you can hear continues voice that is why called it "singing" sand. If you are sitting in the sand dune you can feel very peaceful and

you mind is calm without worrying about anything. Also there isn't any country which you can ride a two-humped Bactrian camels.

## Day 9. Bayanzag (Flaming cliff) by drive 183 km

After breakfast drive to **Bayanzag (Flaming cliff)**. Will stay in the tenting camp. This place is well-known its finds of Dinosaurs skeletons. In 1920 American paleontologist Roy Chapman Andrews explored this place and named "Flaming cliffs). "Flaming cliffs" means it resembles red fire when reddish sun shines it. The area looks like a sea bottom. And it was a home of dinosaur skeleton of 80 million years ago. You can hike at red colored small hills and you can rejuvenate here. You can feel untouched nature here.



## Day 10. Ongi monastery ruin by drive 230 km

This day you will drive to **Ongi monastery ruin**. Have a lunch and rest in the tourist ger camp.

This monastery was a Buddhism center where about 300 monks used to live and study. Ruin is situated in the picturesque area near the beautiful river Ongi. It was built 300 years ago like as town. There were 13 nice temples, stupas and god which is carved in the rock.



## Day 11. Orkhon waterfall ruin by drive 231 km



After breakfast drive to **Orkhon waterfall**. On the way have a picnic lunch. Will stay in the tenting camp. Orkhon waterfall is situated in the historically significant World Heritage site Orkhon valley, whose river flows an incredible 1120km journey to the north before it joins the mighty Selenge River. It cascades from an impressive height of 20 meters and its width is 10 meters. The waterfall was formed by a unique combination of volcanic eruptions and earthquakes about 20,000 years ago. The fall is naturally impressive after a heavy rain. Ulaantsutgalan waterfall is the biggest waterfall in Mongolia. You will rejuvenate near the beautiful waterfall and

experience to connect with water which is one of the natural basic elements. In the evening you enjoy to looking stars in the sky in the picturesque nature.

## Day 12. Kharkhorum Ancient capital and Erdenezuu monastery by drive 115 km



After breakfast drive to **Kharkhorum**. Have a lunch and rest in the tourist ger camp. Kharkhorum is located at the lower end of the upper valley of the Orkhon river, part of the World Heritage site Orkhon valley cultural landscape. Kharkhorum was established in 1220. It was capital of Mongol Empire for 32 years. Another landmark is **Erdenezuu** (Hundred Treasures) monastery which was the first Buddhist monastery in Mongolia. It had between 60 and 100 temples, about 300 gers inside the walls and, at its peak, up to 1000 monks in residence. The monastery is enclosed in an immense walled compound. Spaced evenly along each wall, about every 15m are 108 stupas (108 is sacred number to

Buddhists). The three temples in the compound, which were not destroyed in the 1930s, are dedicated to the three stages of Buddha's life: childhood, adolescence and adulthood. Dalai Lama Süm was built in 1675 to commemorate the visit by Abtai Khan's son, Altan, to the Dalai Lama in Tibet. The room is bare save for a statue of Zanabazar and some fine 17th-century thangka depicting the Dalai Lamas and various protector deities.

## Day 13. Ulaanbaatar by drive 390 km

After breakfast drive back to **Ulaanbaatar**. On the way have a picnic lunch. Arrive in the capital check in hotel and relax after a long journey. After rest have a dinner in the restaurant.

## Day 14. Ulaanbaatar

In the morning you will visit **Gandan monastery** then go for shopping in Cashmere and Souvenir shops. In the evening see traditional performance and farewell dinner.

## Day 15. Departure

Morning transfer to the airport.

**\*\*\* END OF OUR MEMORABLE TOUR\*\*\***